

## What's really happening to people wearing masks

Dr. Mark Crispin Miller, PhD

"Several education bureaus in China are rethinking COVID-19 control policies after three students died running in masks at school, The Beijing News reported Friday." That news, which broke in early May, appeared in other Chinese outlets, as well as the *Jakarta Post*, and all over Japan, while, in the West, that news was reported only by the British *Daily Mail*, a TV station in Sydney, and, in the US, only the *New York Post* and *New York Daily News* (which misreported it by claiming that *two* students had dropped dead in their gym classes). Thus very few Americans could know that those teen-agers, each in a different city, had all dropped dead in their gym classes, while running in the heat, their proper breathing blocked by N95 masks. This prompted the authorities "in the eastern city of Xiamen, the southern province of Hainan, and the central city of Changsha [to issue] notices that either discourage schools from requiring students to wear masks during gym class or prohibit the facial accessories during [any] exercise."

<https://www.sixthtone.com/news/1005609/after-multiple-deaths%2C-officials-call-for-no-masks-in-gym-class>

<https://www.thejakartapost.com/news/2020/05/11/youth-deaths-in-china-during-gym-exams-put-focus-on-mask-policy.html>

Several other such fatalities in China have apparently gone unreported elsewhere. On May 10, in Hubei Province, a man (age not given) dropped dead while doing morning exercises in a face mask of some kind. On May 21, a 65-year-old man also died while exercising in a face mask, after spitting blood, then keeling over. (This happened in Dalian, Liaoning Province, a city lately stricken by a second wave, and now under lockdown.) And on June 22, an unidentified local young man jogging in a mask lost consciousness, and slipped into a coma.

[https://www.thepaper.cn/newsDetail\\_forward\\_7447346](https://www.thepaper.cn/newsDetail_forward_7447346)

[https://m.sohu.com/a/396769157\\_334936/?pvid=000115\\_3w\\_a](https://m.sohu.com/a/396769157_334936/?pvid=000115_3w_a)

<https://baijiahao.baidu.com/s?id=1670072736675330947&wfr=spider&for=pc>

The Western press has blacked out such news stories, just as, except on the local level, they've consistently blacked out the news of unmasked people beaten by the cops and/or persecuted by civilians. Such coverage is taboo, as it would clearly throw the whole mask dogma—and the motivation of the officials pushing it—into question, just as it should, and as it has done in Japan, where the deaths of those three schoolchildren were reported in the widely read *Asahi Simbun* (Japan's equivalent of the *New York Times* when it was a real newspaper) and elsewhere, with *Asahi Simbun* asking, in another article, whether people in Japan should exercise in masks:

Mask-wearing during running has suddenly become popular due to the pandemic. Experts, however, have warned that it is "more harmful" than not wearing masks. Can we go running without wearing a mask or not?

On July 1, the Japanese Society of Clinical Sports Medicine and the Japanese Association of Exercise Therapy and Prevention jointly accounted that they "do not recommend wearing a mask or anything that covers the nose and mouth when exercising outdoors." They said their recommendation comes after fatal cases were reported overseas, while it can increase the risk of heat stroke and respiratory

failure.

The article went on to make these other points that "our free press" has not just failed to make but actively denied:

The organizations said that we cannot get the coronavirus "only by passing each other" on the street. They also recommend a good amount of exercise as a preventive measure against stress and lifestyle-related diseases during the pandemic.

Meanwhile, NHK, Japan's national broadcasting organization, ran a piece about the appropriateness of mandating masks for women giving birth. The piece quotes one woman who said that her experience was hell, as she had to wear a mask through seven hours of labor, that because of it she couldn't drink enough water, and was too weak and dizzy to push properly. Another mother said that she had asked to take the mask off, but they wouldn't let her, and that she finally had to wear an oxygen mask. That piece inspired a robust back-and-forth on Twitter in Japan.

<https://www.asahi.com/articles/ASN5C6530N5CUHBI00F.html>

[https://www.huffingtonpost.jp/entry/zhaixiakouzhao\\_jp\\_5eb0b218c5b6a15b6f44f49a](https://www.huffingtonpost.jp/entry/zhaixiakouzhao_jp_5eb0b218c5b6a15b6f44f49a)

<https://www.asahi.com/articles/ASN7P4CVBN7KUTIL01V.html>

<https://www3.nhk.or.jp/news/html/20200717/k10012521141000.html>

The problem noted and discussed in China and Japan has been acknowledged by the US press, and only a small part of it, just once, when, in late April, "a New Jersey man passed out and crashed into a telephone pole this week, and police believe the accident could have been avoided if he hadn't worn an N95 mask while driving," as *People* reported—in what it called a "human interest" story, as if it were a random oddity, like "Rhode Island Mistakenly Issues Tax Refund Checks Signed by 'Walt Disney' and 'Mickey Mouse,'" or "8-Year-Old Girl Attacked by Fox Near Her New Jersey Home: 'I Thought It Was a Dream,'" to cite two other "human interest" stories in *People*. That the crash was, according to the Lincoln Park police, due to the masked driver's "insufficient oxygen intake/excessive carbon dioxide intake"—common side effects of gratuitous masking by the healthy—would seem to make it not a "human interest" story, but a "public health" story, and one that called for broader national coverage. The *New York Post* and *New York Daily* news reported it, as did New Jersey media (and TMZ), and that was it, other than a piece in the *Pittsburgh Injury Law Review*, noting that the CDC "doesn't recommend wearing masks while driving"—and that the Lincoln Park police had taken heat for daring to conclude that that N95 had anything to do with car crash.

After the LLPD posted their report on Facebook, several commenters questioned the legitimacy of their conclusions, noting that N95 masks, in particular, do not obstruct the flow of oxygen. In the face of the overwhelming response, the [LPPD updated their report](#) to say, "It is certainly possible that some other medical reason could have contributed" to the accident.

They added, "Police officers are not physicians and do not know the medical history of every person we encounter. We conduct accident scene investigations using

training, experience, and observations at the scene to determine a cause.” Finally, they stated that they were not trying to “cause public alarm” or “suggest wearing an N95 mask is unsafe.”

<https://people.com/human-interest/man-wearing-n95-mask-passes-out-while-driving-car-crashing-into-pole/>

<https://pittsburgh.legalexaminer.com/transportation/cdc-drivers-should-not-wear-masks-while-driving/>

Thus, as far as the COVID-19 propagandists see it, the fact that "wearing an N95 mask is unsafe" falls into the same Oceanic category of "wrongthink" as the facts that some vaccines are highly toxic, that "we cannot get the coronavirus just by passing each other on the street," or that HCQ, properly administrated, is a most effective COVID-19 remedy, and quite safe to boot. With US health officials and "our free press" now functioning *exactly* like the Ministry of Truth in 1984, we have to leave their orbit to learn anything about what masks are really doing to people all around us.

We caught a glimpse of it on July 27, during the arrival ceremony, at the US Capitol, for Rep. John Lewis' casket, when a member of the honor guard—all wearing masks—collapsed in the intense heat, before the casket had arrived. Although just the kind of visual that TV's imagineers would ordinarily play up, that hypoxic flop was carefully downplayed throughout the US press, which whited out the mask entirely. It was "extreme heat and dehydration" that had felled the sailor, according to the *Navy Times*, while CBS News, MSN, MSNBC and Politico all likewise put it down to the high heat. Only a few outlets on the right declared the obvious, though, sometimes, with more zest than accuracy: "BREAKING: Mask-Wearing Member Of Honor Guard Carrying Rep. John Lewis' Casket Collapses In Extreme Heat," blared the headline on 100percentfedup.com, "a conservative news site dedicated to the memory of Andrew Breitbart." <https://www.navytimes.com/news/your-navy/2020/07/27/honor-guard-sailor-collapses-from-extreme-heat-and-dehydration-during-procession-for-the-late-rep-john-lewis/>  
<https://twitter.com/CBSEveningNews/status/1287809558237392897>  
<https://100percentfedup.com/breaking-mask-wearing-member-of-honor-guard-carrying-rep-john-lewis-casket-collapses-in-extreme-heat/>

What with the media's avoidance of the subject, we can learn about what masks are really doing to people *only* from each other, in personal communications and informal posts online—today's equivalent of *samizdat* under the Soviets (and will be, until They hit the kill switch).

An email from Sean van Deusen, about some recent incidents in Stockbridge, Massachusetts, where he lives:

Last week a hairdresser in town passed out and broke her arm while cutting someone's hair because of the mask she was wearing. The following day, another person in the same hair salon passed out and hit her head walking in to get her hair cut.

I can also tell you [that] the local fire chiefs are not in favor of the masks for exactly this reason.

From Mike Champine in Michigan:

In March, I remember some people were spreading fear that we were all going to see people dropping dead in the street from Covid.

[That propaganda started at the end of January, with photos like this one, in *Metro*, the UK's highest-circulation tabloid, while others like it popped up in the *Guardian* and *Sun*.]



*I've personally only seen one person fall to the ground unconscious. He was wearing a mask. He passed out on the curb on the side of a busy road around noon. I would have stopped to check on him, but was on my way to work. Someone did rush to check on him.*

From the comments on Dr. Blaylock's article:

<https://www.technocracy.news/blaylock-face-masks-pose-serious-risks-to-the-healthy/>

Was at the salon the other day. All are required to wear a mask. I heard a stylist call for help and call 911. Her client had passed out from wearing a mask. I live near an elderly population and they're always driving alone with masks on.

I am not a doctor, I work in a health food store, and i can tell you from personal experience of having to wear a mask for 8 STRAIGHT hours a day (while stocking shelves, answering phones, helping customers, moving around in a fast pace work environment for 8 hours) has put a noticeable damper on my own immunity. I have had to leave work early now several times over the last month because of dizziness and feeling like i am going to faint. Now, i do not wear a mask if i do not need to, and try to avoid it as much as possible.

Help! My mask is hurting my lungs! I don't want to be labeled selfish or ignorant for not wearing a mask, I care about others fear BUT... I CAN tell you that the masks make me sick!!! I wear one for 8 hours straight two days a week and it is having a negative impact on my lungs and gut! Is it possible that my SIBO [small intestinal bacterial overgrowth] causing me to breathe out more hydrogen and methane gas may be that is aggravating asthma that was dormant for years until I had covid (in early March pre-testing) I'm not sure but my lungs are struggling from the mask!!

I started work 2 weeks ago. I am a server in a resort and I have been forced to wear a mask with a visor. I went to the doctor as I could not work in this way as I felt like I was going to pass out many times and I got headaches and also nosebleeds. The doctor told me to suck it up and that I am in the same boat as everyone else. This is going to cost me my job, which I have been doing all my life. .... What am I suppose to do now? Any suggestions as I am the mother and provider of two children of the age of 11 and 13.

From Reinette Seinum, mayor of Nevada City, California:

I have been a house painter, off and on, for 35 years. Twenty years ago, when I'd been painting full-time for many years, I developed nightly dry coughing fits. They would not go away, and after a bit of time I finally broke down and went to the doctor.

Ultimately, he said my painting had brought on the cough; paint getting in through areas not completely fitted to my face, and wearing dirty [N95] masks repeatedly. This industrial bronchitis is still with me today, 20 years in, whether I paint or not. So when people say a mask can't hurt, I can say, from personal experience, that they're wrong.

From a letter, dated June 22, by attorney Leigh Dundas to the Orange County Board of Education, and the Tustin Unified School District, urging the "traditional re-opening of O[range] C[ounty] schools this fall." In her argument against requiring students to wear masks, Dundas recounts a public demonstration, on June 9, of the deoxygenating effect of mask-wearing, with a group using pulse oximeters to measure their heart rate and oxygen levels, masked and unmasked. "All participants fell into hypoxic levels within a few minutes of donning masks, with two participants—the wife of an Irvine Ranch family heir, and a professional runner—dropping into the 70% zone."

Dundas made a video of the exercise, which went viral on Facebook and YouTube ("in spite of FB suppressing it and calling it 'false'"), "and horror stories poured in":

The comments involved alarming episodes, like that of a woman in a beach city in our county, passing out on the job, and clocking her skull on a chair on her way down. Or the woman who was forced to wear a mask at her doctor's office, and convulsed for more than an hour—during which time the office charmingly escorted

her into the parking lot and left her there—after which the patient's mother (a practicing RN) had to come retrieve her and drive her home. Or most frighteningly, the little boy who was forced by the hospital to wear a mask in pre-op, and whose oxygen level dropped into the 80's and would not rebound—until the mother finally insisted on removing the mask, after which the boy took two breaths, and bounced to 97% oxygenation on the machines.

From Ryan Schaffner, 38, in Prescott, Michigan:

On May 7, 2020, I had an appointment to get injections in my neck for my three collapsing disks—a surgical procedure. With the COVID-19 scare, the state [Michigan] began requiring masks everywhere you went. Trying to be a good person, I obliged, wearing an N95 mask that I had from my years of work in HVAC [heating, ventilating and air conditioning]. Mind you, in HVAC, this type of mask is only worn for 15 minutes at a time.

After sitting in the waiting room for about an hour, I was finally taken back to a private room. I figured at this point I'd be able to remove my muzzle, but a nurse told me it was not allowed, I had to wear it for the duration of my stay, even through surgery.

At this point, I've had the mask on for about half an hour. As they begin to put the IV in, I told the nurse that I was feeling lightheaded. She said, "Everyone gets a little queasy when they see the needle." Obviously, I know this isn't true. I've had my blood taken dozens of times, and never felt odd about needles, which don't bother me at all.

And now my vision starts to blur, and I'm feeling really faint, like I was tipping over. I hear the nurse scream, "I need help in here!" My vision went black, the sound of the room became very muffled, and I passed out.

The next thing I remember, I was lying on the bed, with three nurses and the doctor standing over me. After about 10 minutes of being able to breathe, I was okay again. They put me under and performed the surgery.

When I came to in recovery post-op, I was not wearing a mask at all. I'm not sure why, but they took it off me post-op, even though I was on oxygen. To make it all even stranger, they didn't even put the mask back on to wheel me out to my vehicle. I can only imagine that something happened during surgery that scared the doctors.

From Tammi Scott Pettis, a mother in Wisconsin:

My daughter. 19 years old. Healthy. Frontline worker at a huge grocery store chain. Started feeling sick about two weeks ago. Side and back pain. Nausea. Chest pain. Primary doc sent her for chest x-ray. Something "lit up" on right side. Sent for MRI. Cat scan. Ultrasound of back and abdomen areas. NOTHING. While at work was

unable to breathe. Chest pain. Rushed to ER quarantined. Tested for COVID. Young. By herself because no one can be with her.

Turns out it's pleurisy. An infection of the outside of the lining of the lungs. They basically tell her, it's because she has been wearing a mask for for 8 hours a day 5-6 days a week. Breathing in her own bacteria. Carbon dioxide. Caused an infection. And now she is in severe pain. Has to be off work with no pay. But you won't see that on social media! She's 19. Healthy. And now is bed bound and struggling to breathe. Antibiotics. Steroids. Breathing treatments.

<http://www.wisconsinchristiannews.com/view.php?sid=8088>

From the testimony of Rick Ugardi, owner of a local diner (and, as Rick Stasi, a local radio personality), at a City Council hearing, on whether to "encourage" masking, in DeBary, Florida on July 15:

I'll just leave you with this. One of my waitresses at the diner, her grandfather died last week. You know what of? Blood poisoning. You know what from? CO2 overload.

He's one of those guys that were scared to death, 70 years old, had COPD, wakes up in the morning and puts a mask on. Goes in his car, puts a mask on. Goes into Publix (supermarket), puts a mask on. He collapsed. Rushed to the hospital. 20 minutes later, dead. Doesn't get on the news.

<https://livestream.com/debary/events/9214450/videos/208696183>

(Ugardi's testimony—all worth watching—starts at 20:00.)