

**WEBINAR**

The Power of Smile™

**How Oral Health Supports  
a Healthy Brain*****Please join us!***

Everyone deserves a life with the healthiest brain possible, and we can all take action to protect our brain health. The Power of Smile - How Oral Health Supports a Healthy Brain webinar shares important information about brain-healthy actions we should all build into our routines to support brain health, and highlights how oral health plays a role in shaping cognitive wellness. It's never too early or too late to build routines that support a healthier mind and a healthier smile.

**Agenda:**

- Introduction to brain health
- Periodontal disease and dementia
- Positive impacts of good oral health
- Importance of vision, retinal and health screenings
- Steps to decrease your risk today
- Q&A

**Tuesday, April 7<sup>th</sup>  
12:00 – 1:00 PM****Register Now**

Registration Link

***Meet the Speakers*****Dr. Eileen Crespo**

Dr. Eileen Crespo is the Vice President of Medical Services at Delta Dental of Minnesota. She is a practicing pediatrician of over 25 years and graduate of Syracuse University with a BS in Biology and

received her medical degree from the State University of New York at Buffalo.

Dr. Crespo is a Fellow of the American Academy of Pediatrics (AAP), Chapter Oral Health Advocate (COHA) of the Minnesota chapter of the American Academy of Pediatrics, and a member of the Board of Directors of Children's Dental Services, and the Minnesota Chapter of the American Academy of Pediatrics.

**Jenna Pogorels**

Jenna Pogorels is the Associate Director of Community Services in Northern MN for the Alzheimer's Association Minnesota-North Dakota chapter based out of Duluth, MN. Jenna received her

Master in Social Work from the University of Washington, Tacoma, and is licensed as a Licensed Independent Clinical Social Worker (LICSW).

Jenna has worked with the Alzheimer's Association since 2013 and has been focused in the areas of dementia program services, including the management of the support group and early stage programming, as well as the development of relationships and community partnerships in greater Minnesota through education and outreach.