

Caregiver Event & Resource Fair

Care Your Way – Tools for the Journey

Friday, October 10, 2025 | 10 a.m - 2 p.m.

Northwood Tech Conference Center, 1900 College Drive, Rice Lake, WI

Family caregivers—this event is for you! Stop by our open house-style Caregiver Event to explore local resources, connect with experts, and gain practical tools to support your caregiving journey.

Enjoy mini educational sessions on key topics:

- Advanced Directives and CPR Decisions
- Chair Yoga
- Common Scams & Frauds
- Falls Prevention
- Planning Pitfalls
- The Power of Protein for Caregivers: Fueling Your Role



Plus, take advantage of **onsite services** including wellness, memory and hearing screenings, durable medical equipment checks and tech assistance for caregivers! Come and go as you please, gather helpful info, and leave feeling supported and empowered.



Cost: \$20.29, \$5 (62+)

To register, visit
bit.ly/caregiver_oct2025
or call 715.788.7133 for information

Pre-registration strongly
encouraged but not required



Event coordinated by Barron County Caregiver Coalition, in partnership with:



Northwood Tech does not discriminate on the basis of race, color, national origin, sex, disability, or age. The following person manages inquiries regarding non-discrimination policies: Amanda Gohde, Vice President; 1900 College Drive, Rice Lake, WI 54868; Amanda.Gohde@NorthwoodTech.edu; 715.645.7042.