



COMMUNITY EDUCATION PROGRAMS

WISCONSIN, APRIL - JUNE 2025

All programs are free and open to the public.
To register, click on the desired date below or call 800.272.3900.

THE 10 WARNING SIGNS OF ALZHEIMER'S

Recognize common warning signs of Alzheimer's and learn what symptoms to look for in yourself and others.

Tuesday, April 15	1 - 2:30 p.m.	ADRC Oneida County	100 Keenan St, Rhinelander
Thursday, May 15	1 - 2:30 p.m.	Antigo Public Library	617 Clermont St, Antigo

UNDERSTANDING ALZHEIMER'S & DEMENTIA

Join us to learn about the impact of Alzheimer's, the difference between Alzheimer's and dementia, their effects on the brain, Alzheimer's disease stages and risk factors, current research and treatments available to address symptoms, and Alzheimer's Association resources.

Monday, May 12	1 - 2 p.m.	Bethany United Methodist Church	3910 Mineral Point Rd, Madison
Monday, June 2	10 - 11 a.m.	The Landing - Woodson YMCA	707 N 3rd St, Wausau
Wednesday, June 4	11:30 a.m. - 1 p.m.	Interfaith Volunteers	1451 Tyler St, Black River Falls

MANAGING MONEY: A CAREGIVER'S GUIDE TO FINANCE

This evidence-based course helps caregivers understand the costs of caregiving and the benefits of early planning and teaches them how to start a conversation about finances, assess financial and legal needs, avoid financial abuse and fraud and find support when needed.

Tuesday, June 10	1 - 2:30 p.m.	Walter E Olson Memorial Library	203 N Main St, Eagle River
Tuesday, June 17	2 - 3 p.m.	Virtual	

HEALTHY LIVING FOR YOUR BRAIN AND BODY

Learn about research in the area of diet, exercise, cognitive activity and social engagement. Learn how to incorporate these recommendations into a plan for healthy aging.

Thursday, April 10	11 a.m. - 12 p.m.	Lakeshore at Siena	5643 Erie St, Racine
Thursday, May 15	6 - 7 p.m.	Menomonee Falls Public Library	W156 N8436 Pilgrim Rd, Menomonee Falls
Tuesday, June 10	10 - 11 a.m.	Virtual	

COMMUNICATING EFFECTIVELY

As people living with dementia progress in their journey and lose the ability to use words, caregivers can discover new ways to communicate effectively in any stage of the disease. Learn how dementia affects communication, how person-centered approaches can improve communication and much more.

Thursday, April 10	2 - 3 p.m.	Heritage Senior Living	7901 W National Ave, West Allis
Wednesday, April 23	11 a.m. - 12 p.m.	Virtual	

DEMENTIA CONVERSATIONS

Learn tips for honest conversations to address difficult discussions: doctor appointments, when to stop driving, making legal and financial plans and the importance of planning ahead.

Tuesday, April 8	1 - 2:30 p.m.	Olson Memorial Library	203 N Main St, Eagle River
Thursday, May 15	11 a.m. - 12 p.m.	Lakeshore at Siena	5643 Erie St, Racine

SUPPORTING INDEPENDENCE

People living with dementia want to remain independent for as long as possible yet caregivers may not know how to balance safety and independence. Learn how dementia changes a person's independence and impacts safety, how to provide the right amount of support, and tips to make every activity meaningful to the person living with dementia.

Wednesday, April 9	11:30 a.m. - 1 p.m.	Vista West	150 Bella Vista Dr, Madison
Wednesday, April 16	1 - 2 p.m.	Renaissance Senior Living	602 N Segoe Rd, Madison

BUILDING FOUNDATIONS OF CAREGIVING & SUPPORTING INDEPENDENCE

Explore the role of caregiver and changes they may experience, building a support team and managing caregiver stress.

Tuesday, June 17	1 - 2:30 p.m.	ADRC Oneida County	100 Keenan St, Rhinelanders
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RESPONDING TO DEMENTIA-RELATED BEHAVIOR

People living with dementia may exhibit behaviors as a way to communicate their needs and feelings as the disease progresses. Learn how dementia can change a person's behavior, possible triggers and person-centered care approaches to address behaviors.

Thursday, April 17	11:30 a.m. - 1 p.m.	Oak Park Place, Grandview Hall	718 Jupiter Dr, Madison
Wednesday, May 21	1 - 2 p.m.	Virtual	

EXPLORING CARE AND SUPPORT OPTIONS

The more caregivers know about the disease, and what to expect, the more prepared they will be for future changes and care decisions. Learn why it's important to plan for care changes, what types of resources and support services are available including respite care, long term care and end of life options.

Tuesday, May 13	11:30 a.m. - 1 p.m.	Oak Park Place, Grandview Hall	718 Jupiter Dr, Madison
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DISCOVERING THE MANY FACES OF CAREGIVING

This presentation explores the diversity of dementia caregivers, not just across cultures but within individuals themselves—feeling exhausted one day and fulfilled the next. The “many faces of caregiving” appear in both individuals and communities. We'll discuss practical ways to support those providing care, whether they identify as caregivers or simply as loving family and friends.

Thursday, April 17	2 - 3 p.m.	Virtual	
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MAKING A PLAN: LEGAL & FINANCIAL STEPS AFTER A DEMENTIA DIAGNOSIS

This session will cover topics such as: Who can make decisions for me (i.e. what is a Financial Power of Attorney or a Health Care Power of Attorney)? What documents do I need to distribute what I have at my death? How can I/we afford long-term care in a facility, if needed? What is Medicaid (currently the government program that pays for long-term care) and how does it work? How can I build a team to guide me through this diagnosis?

Thursday, May 1	12 - 1 p.m.	Virtual	
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HOW TO SPEAK 'DEMENTIA'

Join Carla as she reviews the changes that occur to vision and hearing through the dementia disease process. She will also show you strategies to improve communication with someone living with dementia.

Wednesday, June 11	12 - 1:30 p.m.	Virtual	
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LIVING WITH ALZHEIMER'S FOR CAREGIVERS - 3-WEEK SERIES

The diagnosis of Alzheimer's disease is life-changing and leads to many questions. What will this mean for me and my family? How do I plan for the future? Where can I get the help I need? In this three-part program, you will hear from others who have been where you are. You'll learn what you need to know, what you need to plan, and what you can do as you navigate this chapter of your life.

June 2, 9, 16	10 a.m. - 12 p.m.	Verona Senior Center	108 Paoli St, Verona
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ADVANCING THE SCIENCE - THE LATEST IN ALZHEIMER'S & DEMENTIA RESEARCH

Learn about new advancements in Alzheimer's treatments. This program will provide an overview of how disease modifying treatments slow disease progression, who are the intended candidates to receive the treatments, availability, and more.

Wednesday, April 16	10:30 - 11:30 a.m.	Superior Public Library	1530 Tower Ave, Superior
Thursday, April 17	10 - 11 a.m.	ADRC Washburn County	850 W Beaverbrook Ave, Spooner
Thursday, April 17	1:30 - 2:30 p.m.	Rice Lake Public Library	2 E Marshall St, Rice Lake
Thursday, May 15	11 a.m. - 12 p.m.	Verona Senior Center	108 Paoli St, Verona
Tuesday, May 20	1 - 2:30 p.m.	ADRC Oneida County	100 Keenan St, Rhinelander
Tuesday, May 20	6 - 7 p.m.	Langlade Co Senior Center	623 Edison St, Antigo
Wednesday, May 21	10:30 - 11:30 a.m.	Elder Well Adult Day Care	2405 Schofield Ave Ste 120, Weston
Thursday, June 5	10:30 - 11:30 a.m.	WAFER Food Pantry	1603 George St, La Crosse