

ALZHEIMER'S (\$\) ASSOCIATION WISCONSIN SUPPORT GROUPS

What is an Alzheimer's Association Support Group?

A support group is a safe place to learn, offer and receive helpful tips and meet others coping with Alzheimer's disease or other dementia. Meetings typically take place monthly, and are always free and open to the public.

TO REGISTER:

800.272.3900, <u>alz.org/crf</u> Español 414.431.8811

STATEWIDE VIRTUAL SUPPORT GROUPS

Caregiver Support Group - Living at a Facility	3rd Wednesday	10 - 11:30 a.m.
Caregiver Support Group - Early Stages	4th Tuesday	10 - 11:30 a.m.
Caregiver Support Group - Frontotemporal dementia (FTD)	3rd Wednesday	. 6 - 7:30 p.m.
Caregiver Support Group - General	4th Monday	3 - 4 p.m.
For those living w/ mild cognitive impairment or early-stage dementia	2nd Wednesday	. 10 - 11:30 a.m.

LOCAL IN-PERSON CAREGIVER SUPPORT GROUPS

*for spouses of those living with younger-onset dementia **early stage group for caregivers & their loved ones living with dementia

Amery	Amery Community Center	1st Wednesday	10 - 11:30 a.m.
Antigo	Rosalia Gardens Adult Day Center	2nd Monday	5 - 6 p.m.
Ashland	The Enrichment Center	3rd Thursday	2 - 3:30 p.m.
Black River Falls	Interfaith	2nd Thursday	2 - 3 p.m.
Chippewa Falls	Central Lutheran Church	2nd Thursday	1 - 2:30 p.m.
Dousman	Three Pillars	4th Thursday	6 - 7:30 p.m.
Dresser	Peace Lutheran Church	3rd Tuesday	. 2 - 3:30 p.m.
Eagle River	ADRC of Vilas County	3rd Thursday	10:30 - 11:30 a.m.
Fond du Lac	Agnesian Adult Day Care	2nd Tuesday	. 1:30 - 2:30 p.m.
Fond du Lac	Fond du Lac Senior Center	4th Thursday	6:30 - 7:30 p.m.
Gillett	Community Center	1st Monday	. 2 - 3 p.m.
Green Bay	New Curative	4th Wednesday	2:30 - 3:30 p.m.
Green Bay	Woodside Lutheran Home	3rd Tuesday	. 1:30 - 2:30 p.m.
Greenfield	Clement Manor	3rd Monday	2 - 3 p.m.
Janesville	Cedar Crest Senior Living	3rd Thursday	6 - 7 p.m.
Kaukauna	Hybrid/St. Paul Elder Services	3rd Tuesday	. 4 - 5 p.m.
* Kaukauna	Hybrid/St. Paul Elder Services	3rd Tuesday	. 6 - 7 p.m.
Keshena	FACE Center	4th Monday	1 - 2 p.m.
* Kewaunee	ADRC Kewaunee	1st Wednesday	2 - 3 p.m.
Lakewood	Lakes Country Public Library	1st Wednesday	. 2 - 3 p.m.
Luxemburg	Hybrid/St. John Lutheran	3rd Thursday	9:30 - 11 a.m.
Madison	Capitol Lakes	2nd Tuesday	. 10:30 - 11:30 a.m.
Madison	Vista West	3rd Wednesday	10:30 a.m 12:30 p.m.
* Manitowoc	ADRC Manitowoc	1st Tuesday	10 - 11:30 a.m.
Medford	Medford Senior Center	2nd Friday	6 - 8 p.m.
Menomonee Falls	Menomonee Falls Public Library	2nd Monday	6:30 - 8 p.m.



ALZHEIMER'S (\$\) ASSOCIATION WISCONSIN SUPPORT GROUPS

LOCAL IN-PERSON CAREGIVER SUPPORT GROUPS

*for male caregivers +Parkinson's & memory changes

**for female caregivers #for LGBTQ+ caregivers

	Mequon	. Crossroads Presbyterian	3rd Tuesday	. 5 - 6:30 p.m.
	Milwaukee	St. Ann Center	1st Wednesday	. 1 - 2 p.m.
	Minocqua	Minocqua Public Library	2nd Monday	. 10 - 11:30 a.m.
	Monona	. Monona Senior Center	3rd Tuesday	. 11 a.m 12:30 p.m.
	New Berlin	New Berlin Public Library	1st Tuesday	. 6:30 - 8 p.m.
	Oconomowoc	. Towner Crest Presbyterian Church	1st Wednesday	2 - 3 p.m.
	Oconomowoc	. St. Jerome Catholic Church	1st Wednesday	. 6:30 - 8 p.m.
	Oconomowoc	. Shorehaven	1st & 3rd Tuesdays	10 - 11:30 a.m.
	Oconto Falls	ADRC of Oconto Falls	1st Monday	10 - 11 a.m.
	Oshkosh	Bethel Homes	1st Thursday	. 1:30 - 2:30 p.m.
	Park Falls	. The Waterford at Park Falls	3rd Tuesday	. 12:30 - 2 p.m.
	Pewaukee	. Pewaukee Public Library	2nd Tuesday	. 9:30 - 11 a.m.
	Phillips	. First Presbyterian Church	3rd Wednesday	. 12:30 - 2 p.m.
	Prescott	. Joy Lutheran Church	4th Wednesday	. 1:30 - 3 p.m.
	Rhinelander	. ADRC of Oneida County	3rd Thursday	. 1 - 2:30 p.m.
*	River Falls	Ezekiel Lutheran Church	. 1st Wednesday	. 1 - 2:30 p.m.
	River Falls	St. Bridget Catholic Church	2nd Friday	. 9:30 - 11 a.m.
	Schofield	Covenant Comm Presbyterian	. 4th Tuesday	. 9 - 10:30 a.m.
	Shawano	. The Daily Drip	. 4th Wednesday	. 1 - 2 p.m.
+	Shawano	. Shawano Municipal Building	2nd Tuesday	. 10 - 11:30 a.m.
*	Sheboygan Falls	Sheboygan Falls Public Library	2nd Wednesday	. 5:30 - 7 p.m.
	Sheboygan Falls	ADRC of Sheboygan County	3rd Monday	. 3 - 4 p.m.
	Siren	. Bethany Lutheran Church	1st Thursday	. 10 - 11:30 a.m.
	Sparta	. ADRC of Monroe County	3rd Friday	. 1 - 2 p.m.
	Spooner	. Trinity Lutheran Church	1st Monday	9 - 10:30 a.m.
	Stoughton	. Stoughton Senior Center	2nd Thursday	. 2 - 3:30 p.m.
	Suamico	. Sts. Edward & Isadore Parish	3rd Monday	. 10:30 - 11:45 a.m.
	Sun Prairie	. Colonial Club Senior Center	4th Thursday	. 2 - 3:30 p.m.
	Verona	. Verona Senior Center	3rd Wednesday	. 10 - 11 a.m.
	Washburn	. Washburn Public Library	Last Thursday	. 1 - 2:30 p.m.
	Waunakee	. Waunakee Senior Center	1st Tuesday	. 2 - 4 p.m.
	Wausau	. St. Andrew Lutheran Church	2nd Tuesday	. 9 - 10:30 a.m.
	Wauwatosa	. Lutheran Home	3rd Monday	. 10 - 11:30 a.m.
	Wauwatosa	. Lutheran Home	3rd Monday	. 1:30 - 3 p.m.
		. Lutheran Home	-	•
**	West Allis	. First United Methodist	2nd Monday	. 6 - 7:30 p.m.
	West Bend	. Cedar Cottages	2nd Wednesday	. 1 - 3 p.m.
	Whitefish Bay	United Methodist Church	3rd Thursday	. 1:30 - 3 p.m.
	Wisconsin Dells	Riverwood Senior Living	Last Tuesday	. 10 - 11:30 a.m.
	Wisconsin Rapids	Centralia Center - Brehm Room	2nd Wednesday	. 9:30 - 11 a.m.