

# Arts & Aging Partnership

*Professional Development via Distance Learning / Fall 2021*



*“Thriving through engagement in the arts and creating community connection while reducing isolation is key to living full lives as we grow older.”*

*~ Allison Kodeih  
Program Director*



A Program of TRELLIS™

We invite **YOU** to be a part of this exciting professional development series designed to explore your creativity, standardize using the arts to support your service goals, and create long lasting collaborative relationships between teaching artists and service providers in the field of aging.

## About the Arts & Aging Partnership

This professional development series is designed for professionals and volunteers who work in the field of aging. The arts are a powerful tool in helping older adults interact and engage as valued community members, enabling them to stay active and independent. Far too often, incorporating the arts into service goals & outcomes can feel mysterious, alienating or cumbersome to those who have not had this training or experience. The Arts & Aging Partnership offers a unique and diverse experiential learning process in a distance-learning format. This process sets the stage for new ways of thinking about using the arts to support service goals. Our curriculum builds awareness and competence through a combination of hands-on learning, reflection, and conversation.

## Exploration. Discovery. Networking.

This unique experience uses the art forms of theatre, music, movement, storytelling, 2-dimensional art, and 3-dimensional art. Six learning modules are presented over the course of 5 months, and working closely with teaching artists on each module, participants will deepen their understanding of the role of the arts in creating meaningful, thriving and active engagement, as well as building community.

**Application Deadline:** 8/20/2021

**Contact:** Allison Kodeih, Program Director  
Arts & Aging Partnership  
A Program of The Remember Project  
651.251.5771 / [akodeih@rememberproject.org](mailto:akodeih@rememberproject.org)

### Who is eligible to participate?

Service providers in the field of aging, both professionals and volunteers, are eligible to apply. There are no enrollment fees for this program due to generous support from Bader Philanthropies and TRELLIS, the Area Agency on Aging for the Twin Cities metro area.

### What is expected of participants?

Program participants will commit to completing all six modules within a five-month period of time. Each module includes independent pre-work, a group Zoom meeting, and personal/group reflection:

- recorded videos and print material to introduce and demonstrate the topic (pre-work)
- instructions for individual exploratory learning on the topic (pre-work)
- Zoom meeting for learners to come together, discuss their experience, and brainstorm
- a reflection exercise to wrap up the module

Each participant will have guidance completing a unique individualized action plan for their community or service area for using the arts to meet service goals. **Topics are – Theatre, Music, Visual Art (2D & 3D), Storytelling, and Movement.**

### Series Timeline & Application Process:

- Series completes before Christmas.
- Go to [rememberproject.org](https://rememberproject.org) (Coming Up / Arts & Aging Workshops) to complete your online application OR send an email to Program Director Allison Kodeih ([akodeih@rememberproject.org](mailto:akodeih@rememberproject.org)) answering with the following registration information:
  - Full Name & Contact Info (email, phone, mailing address)
  - Organization or Agency/Agencies where you work or volunteer
  - Short responses to these three questions –
    - 1) What draws you to this topic?
    - 2) What successes and/or challenges have you seen in arts programs for older adults?
    - 3) What questions do you have?

*“Our ultimate goal, is to support those who provide services to older adults who may lack access or have barriers to creative opportunities. Thriving through engagement in the arts and creating community connection while reducing isolation is key to living full lives as we grow older.”*

*~ Allison Kodeih, Program Director*