

LET'S TALK BRAIN HEALTH

**Tuesday, June 9
2:00-3:00 PM**



Learn about dementia and brain health from Candice, a Dementia Care Specialist from the Milwaukee County Department on Aging. Candice will discuss risk factors for developing memory loss, normal vs not normal aging, warning signs of Alzheimer's, ways to reduce your risk of developing memory issues, and the importance of early detection.

How to join: <https://www.gotomeet.me/NorthShoreLibrary/lets-talk-brain-health>
Access Code: 812-806-597

